

May/June 2018 G-E-T High School Lunch Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER! | 1 Popcorn Chicken or Turkey & Gravy Mashed Potatoes Glazed Carrots Garden Bar/Fruit Choices | 2 Cheeseburger/Curly Fries Baked Beans or Chicken Alfredo on Pasta Garlic Toast/Garden Bar Fruit Choices | 3 Fish Nuggets Roasted Baby Reds Steamed Veggies/Garden Bar or Ravioli/Breadsticks/Veggies Fruit Choices/Pudding Cup | 4 Mozzarella Dippers w/Marinara or Italian Meatball Sub Steamed Italian Beans Garden Bar Fruit Choices |
| 7 Yang's Orange Chicken/Rice Peas or Lasagna/Breadsticks/Veggie Garden Bar Fruit Choices | 8 BBQ Pork Cheesy Potatoes/Creamy Slaw or Baked Potato Bar Ham/Broccoli/Cheese Sauce Garden Bar/Fruit Choices | 9 Nachos Grande Chips/Meat/Cheese/Toppings or BBQ's / Potato Cubes Steamed Corn Garden Bar/Fruit Choices | 10 Hot Ham & Cheese Potato Cubes/Baked Beans or Pork Chop/Mashed Potatoes Gravy/Breadstick/Veggies Garden Bar/Fruit Choices | 11 French Bread Pizza or Pasta w/ Meat Sauce Garlic Bread Steamed Veggies Garden Bar/Fruit Choices |
| 14 Chicken Tender Baked Fries or Buffalo Chicken Pizza Steamed Veggies Garden Bar/Fruit Choices | 15 Cold Cut Subs w/Trimmings Goldfish Crackers or Meatloaf/Mashed Potatoes Gravy/Roll/Veggie Garden Bar/Fruit Choices | 16 Pasta w/Meat Sauce Garlic Bread/Steamed Beans or Italian Meatball Sub Sun Chips Garden Bar/Fruit Choices | 17 Taco Triangles w/Trimmings Steamed Corn/Fiesta Beans or Grilled Cheese Tomato or Chicken Noodle Soup Garden Bar/Fruit Choices | 18 Nardone Pizza or BBQ Rib let Cheesy Potatoes Steamed Italian Beans Garden Bar/Fruit Choices/Juice Bar |
| 21 Chicken Parmesan Garlic Breadsticks Steamed Veggies or COOK'S CHOICE Garden Bar/Fruit Choices | 22 Toasted Turkey & Cheese Baked Chips Applesauce Cup or COOK'S CHOICE Garden Bar/Fruit Choices | 23 TACOS Shells/Meat/Cheese w/Fixings Steamed Corn or COOK'S CHOICE Garden Bar/Fruit Choices | 24 Chicken Fillet Sandwich w/Trimmings Steamed Veggies Garden Bar/Fruit Choices | 25 Big Daddy Pizza Cucumber Salad Garden Bar/Fruit Choices |
| 28 NO SCHOOL | 29 Maple Glazed French Toast Sticks Hash Brown/Cheese Omelet Garden Bar/Fruit Choices | 30 Cheeseburger/Fries Baked Fries Baked Beans Garden Bar/Fruit Choices | 31 Cook's Choice Be sure to ask WHAT'S FOR LUNCH? | 1 Cold Cut /Cheese Wrap Sun Chips Baby Carrots Applesauce Cup |
| HAVE | A | GREAT | SUMMER |  |

All meals served with Garden Bar, Fruit Choice and ice-cold Milk. Whole Grain Bread items served. Menu substitutions may occur

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Food Service website: <https://www.getsd.org/district/food-service/>

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