

March 2018

G-E-T High School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
GARDEN BAR OFFERED EVERYDAY! MORE FRUITS & VEGGIES!	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER		1 Mini Corndogs or Meatballs/Gravy Mashed Potatoes Glazed Carrots Garden Bar/Fruit Choices	2 Big Daddy Pizza or Pork Chop Mashed Potatoes/Gravy Steamed Italian Beans Garden Bar/Fruit Choices
5 Chicken Breast Tenders or Cold Cut Subs Baked Fries Steamed Veggies Garden Bar/Fruit Choices	6 BBQ Pork Sandwich Cheesy Potatoes or Homemade Flatbread Pizza Steamed Veggie Applesauce Cup Garden Bar/Fruit Choices	7 Chicken Parmesan Garlic Bread or Hot Dog/ Baked Fries Steamed Veggies Garden Bar/Fruit Choices	8 Flatbread Street Tacos Meat/Cheese/Trimmings Steamed Corn/Fiesta Beans or Lasagna/Garlic Bread Veggies Garden Bar/Fruit Choices	9 Mozzarella Filled Breadsticks w/Marinara or Turkey/Mashed Potatoes/Gravy Dinner Roll Steamed Beans Garden Bar/Fruit Choices
12 Hot Deli Turkey & Cheese on a Ciabatta Bun Baked Chips/Applesauce Cup or Tacos/Corn/Fiesta Beans Garden Bar/Fruit Choices	13 Cheeseburger Baked Potato Cubes Baked Beans or Orange Chicken Seasoned Rice/Peas Garden Bar/Fruit Choices	14 Gilardi Calzone w/Marinara or Mac & Cheese Rolls Steamed Veggies Garden Bar/Fruit Choices	15 Chicken Breast Nuggets Steamed Winter Blend Veggies or Brats/Baked Beans Seasoned Potato Wedges Garden Bar/Fruit Choices	16 Fish Sandwich with or without Cheese Goldfish Crackers or Riblet Waffle Fries/Steamed Veggie Fresh Baked Cookie Garden Bar/Fruit Choices
19 Grilled Chicken Wrap Corn Chips or Tony's Pizza Creamy Cucumbers Garden Bar/Fruit Choices	20 Taco Tuesday Shells/Meat/Cheese Steamed Corn/Fiesta Beans or Grilled Cheese Tomato Soup Garden Bar/Fruit Choices	21 Pasta w/Meat Sauce Garlic Breadsticks or Chicken Fillet/Curly Fries Steamed Italian Beans Garden Bar/Fruit Choices	22 Deli Turkey & Cheese Wrap or Cheeseburger Sun Chips Garden Bar/Fruit Choices Fruit Choices	23 Nardone Pizza or Philly Beef/Cheesy Potatoes Steamed Veggies Garden Bar/Fruit Choices Juice Bar
26 French Toast Sticks Tri Taters/Cheese Omelet/OJ or Chicken Alfredo /Garlic Bread Steamed Veggie/Fruit Choices	27 BBQ's or Corndog on a Stick Roasted Baby Reds Creamy Coleslaw Garden Bar/Fruit Choices	28 Yang's Chicken Nuggets (Popcorn Chicken) Rice/Peas or Hot Ham & Cheese Potato Cubes/Baked Beans Garden Bar/Fruit Choices	29 NO SCHOOL	30 NO SCHOOL

Food Service website: <https://www.getsd.org/district/food-service/>

All meals served with Garden Bar, Fruit Choice and ice-cold Milk. Whole Grain Bread items served. Menu substitutions may occur