

# February 2018

## G-E-T High School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER &amp; EMPLOYER</b>			1 Cheeseburger or Corndog on A Stick Baked Potato Cubes Baked Beans Garden Bar/Fruit Choices	2 Nardone Pizza or Philly Beef/Cheesy Potatoes Roasted Veggies Garden Bar/Fruit Choices Juice Bar
5 Chicken Tenders Waffle Fries or Ravioli/Meat Sauce/Breadsticks Steamed Beans Garden Bar/Fruit Choices	6 Breaded Pork Chop Mashed Potatoes/Dinner Roll Glazed Carrots or Tony's Personal Pizza Steamed Veggies Garden Bar/Fruit Choices	7 Totchos Tater Tot Nachos Meat/Cheese/Trimmings/Corn or Brats Cheesy Potatoes/Baked Beans Garden Bar/Fruit Choices	8 Lasagna Garlic Bread or Cheeseburger Curly Fries Steamed Italian Beans Garden Bar/Fruit Choices	9 Mozzarella Filled Breadsticks w/Marinara Steamed Midwest Blend or Pasta Bar Garlic Breadsticks/Green Beans Garden Bar/Fruit Choices
12 Yang's Orange Chicken Seasoned Rice/Steamed Peas or Cheeseburger Waffle Fries/Baked Beans Garden Bar/Fruit Choices	13 French Toast Sticks Tri Taters/Cheese Omelet Fruit Choices/OJ Cup or Meatballs Mashed Potatoes/Gravy Garden Bar/Fruit Choices	14 French Bread Pizza or Cold Cut Subs Baked Chips Steamed Italian Beans Garden Bar/Fruit Choices COOKIE	15          <b>NO SCHOOL</b>	16          <b>NO SCHOOL</b>
19 Mini Corndogs Mashed Potatoes/Steamed Corn or Chicken Alfredo over Pasta Garlic Bread Garden Bar/Fruit Choices	20 Chicken Fillet Roasted Baby Potatoes or Homemade Flatbread Pizza Steamed Beans Garden Bar/Fruit Choices	21 Pasta w/ Meatballs Garlic Breadsticks or Baked Potato Bar/Dinner Roll Steamed Broccoli Garden Bar/Fruit Choices	22 Hot Deli Turkey & Cheese Curly Fries/Applesauce Cup or Nachos Grande/Beans/Corn Garden Bar/Fruit Choices	23 Fish Sticks or BBQ Riblet Sandwich Baked Fries Creamy Coleslaw Garden Bar/Fruit Choices
26 Chicken Nuggets Cheesy Potatoes or Big Daddy Steamed Peas & Carrots Garden Bar/Fruit Choices	27 Cheeseburger or Chicken Parmesan on Ciabatta Potato Smiles Steamed Midwest Blend Veggies Garden Bar/Fruit Choices	28 Deli Turkey & Cheese Wrap Baked Chips or Mac & Cheese/Dinner Rolls Applesauce Cup Garden Bar/Fruit Choices		<b>GARDEN BAR OFFERED EVERYDAY!  MORE FRUITS &amp; VEGGIES!</b>

Food Service website: <https://www.getsd.org/district/food-service/>

*All meals served with Garden Bar, Fruit Choice and ice-cold Milk. Whole Grain Bread items served. Menu substitutions may occur*