

December 2017

G-E-T High School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
GARDEN BAR OFFERED EVERYDAY! MORE FRUITS & VEGGIES!		THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER!		1 Parmesan Chicken Or Mac & Cheese Garlic Breadsticks Steamed Italian Beans Garden Bar Fruit Choices
4 Mini Corndogs Cheesy Potatoes/Glazed Carrots Or French Bread Pizza Steamed Veggie/Applesauce Cup Garden Bar Fruit Choices	5 Chicken Breast Tenders Or Hot/Chili Dog Waffle Fries Steamed Corn Garden Bar Fruit Choices	6 Cheeseburger Oven Fries Baked Bean Or Deli Wrap/Baked Chips Garden Bar Fruit Choices	7 Gilardi Calzone (Pizza Pocket) W/Marinara Or BBQ Riblet/Baked Tots Steamed Capri Veggies Garden Bar Fruit Choices	8 NO SCHOOL
11 Chicken Breast Nuggets Mashed Potatoes Or Quesadillas Steamed Veggies Garden Bar Fruit Choices	12 Chicken Fajita Wrap W/or W/out Peppers & Onions Steam Corn/Fiesta Beans Or Cold Cut Subs Steamed Veggies/Garden Bar Fruit Choices	13 Grilled Cheese Tomato Soup Or BBQ Pork/Cheesy Potatoes Applesauce Cup Garden Bar Fruit Choices	14 Chicken Fillet Sandwich Or Corndog On A Stick Roasted Baby Reds Steamed Beans Garden Bar Fruit Choices	15 Mozzarella Filled Breadsticks W/Marinara Steamed Italian Veggies Or Baked Potato Bar Juice Bar/ Garden Bar Fruit Choices
18 Maple Glazed French Toast Sticks Cheese Omelet/Tri Taters Or Meatballs/Mashed Potatoes Garden Bar Fruit Choices	19 Nachos Grande Chips/Seasoned Meat/Cheese Or Tony's Personal Pizza Steamed Corn Garden Bar Fruit Choices	20 Cheese Ravioli W/Marinara Garlic Bread Or Crispy Chicken/Sun Chips Steamed Italian Beans Garden Bar Fruit Choices	21 Toasted Ham & Cheese Baked Chips Or Sloppy Joe Tater Tots / Baked Beans Garden Bar Fruit Choices	22 Primo Pizza Or Brats/Sun Chips Steamed Whole Beans Fresh Baked Cookie Garden Bar Fruit Choices
25 HAVE	26 A	27 GREAT	28 HOLIDAY	29 VACATION!

Food Service website: <https://www.getsd.org/district/food-service/>

All meals served with Garden Bar, Fruit Choice and ice-cold Milk. Whole Grain Bread items served. Menu substitutions may occur