



# October 2017

## G-E-T School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bagel W/Choice of Cream Cheese/Jelly or Assorted Cereals & Toast Fruit / Juice / Milk	3 Breakfast Sausage Pancake Bites or Assorted Cereals & Toast Fruit / Juice / Milk	4 Combo Bar w/Toast or Assorted Cereals & Toast Fruit / Juice / Milk	5 Cheese Omelet w/Toast or Assorted Cereals & Toast Fruit / Juice / Milk	6 Assorted Muffins String Cheese or Assorted Cereals & Toast Fruit / Juice / Milk
9 Maple Glazed French Toast Sticks or Assorted Cereals & Toast Fruit / Juice / Milk	10 Breakfast Pizza or Assorted Cereals & Toast Fruit / Juice / Milk	11 Fruit Filled Strudel Frudel or Assorted Cereals & Toast Fruit / Juice / Milk	12 English Muffin Breakfast Sandwich or Assorted Cereals & Toast Fruit / Juice / Milk	13 Assorted Spice Breads or Assorted Cereals & Toast Fruit / Juice / Milk
16 Bagel w/Choice of Cream Cheese/Jelly or Assorted Cereals & Toast Fruit / Juice / Milk	17 Breakfast Sausage Pancake Bites or Assorted Cereals & Toast Fruit / Juice / Milk	18 Combo Bar w/Toast or Assorted Cereals & Toast Fruit / Juice / Milk	19 Cheese Omelet w/Toast or Assorted Cereals & Toast Fruit / Juice / Milk	20 Assorted Muffins String Cheese or Assorted Cereals & Toast Fruit / Juice / Milk
23 Maple Glazed French Toast Sticks or Assorted Cereals & Toast Fruit / Juice / Milk	24 Breakfast Pizza or Assorted Cereals & Toast Fruit / Juice / Milk	25 Fruit Filled Strudel Frudel or Assorted Cereals & Toast Fruit / Juice / Milk	26 English Muffin Breakfast Sandwich or Assorted Cereals & Toast Fruit / Juice / Milk	27  NO SCHOOL
30 Bagel w/Choice of Cream Cheese/Jelly or Assorted Cereals & Toast Fruit / Juice / Milk	31 Breakfast Sausage Pancake Bites or Assorted Cereals & Toast Fruit / Juice / Milk			THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Food Service website: <https://www.getsd.org/district/food-service/>

All Meals Served with Ice-Cold Milk. Whole Grain Bread Items Served. Menu Substitutions may occur.