October 2017

G-E-T School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Breast Tenders Waffle Fries Steamed Green Beans Veggies/Garden Bar Fruit Choices	3 Deli Wrap Turkey/Cheese Sun Chips Applesauce Cup/Fruit Choices Veggies/Garden Bar	4 Chicken or Cheese Quesadilla Lettuce/Tomato/Salsa/Sour Cr Steamed Corn Veggies/Garden Bar Fruit Choices	5 Cheeseburger Baked Potato Cubes Baked Beans Veggies/Garden Bar Fruit Choices	6 Nardone Pizza Roasted Veggies Juice Bar Veggies/Garden Bar Fruit Choices
9 Mini Corndogs Cheesy Potatoes Glazed Carrots Veggies/Garden Bar Fruit Choices	10 Taco Tuesday Shells/Meat/Cheese Steamed Corn/Fiesta Beans Veggies/Garden Bar Fruit Choices	11 Hot Ham & Cheese Baked Tots Applesauce Cup Veggies/Garden Bar Fruit Choices	12 Sloppy Joes Roasted Baby Reds Calif. Blend Veggies Veggies/Garden Bar Fruit Choices	13 Mozzarella Filled Breadsticks w/Marinara Fresh Baked Cookie Veggies/Garden Bar Fruit Choices
16 Chicken Nuggets Mashed Potatoes Steamed Green Beans Veggies/Garden Bar Fruit Choices	17 Cold Cut Subs Meat/Cheese/Trimmings Baked Chips Veggies/Garden Bar Fruit Choices	18 Pasta W/Meat Sauce Garlic Breadsticks Steamed Italian Veggies Veggies/Garden Bar Fruit Choices	19 Chicken Fajita Nachos Chips/Chicken/Cheese/Toppings Steamed Corn/Santiago Beans Veggies/Garden Bar Fruit Choices	20 French Bread Pizza Steamed Italian Beans Veggies/Garden Bar Fruit Choices
23 Maple Glazed French Toast Sticks Sausage Links Tri Taters Veggies/Garden Bar Fruit Choices	24 Potato Crunch Fish Nuggets Oven Fries Creamy Coleslaw Veggies/Garden bar Fruit Choices	25 Chicken Fillet Sandwich Multi Grain Sun Chips Baked Beans Veggies/Garden Bar Fruit Choices	26 Pizza Sub Meat/Mozzarella /Marinara Steamed Italian Veggies Veggies/Garden Bar Fruit Choices	27 NO SCHOOL
30 Popcorn Chicken Seasoned Rice Steamed Peas Veggies/Garden Bar Fruit Choices	31 Nachos Grande Chips/Meat/Cheese/Toppings Steamed Corn/Pico de Gallo Veggies/Garden Bar Fruit Choices	**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER!**	**NATIONAL SCHOOL LUNCH WEEK OCT. 9-13 2017**	GARDEN BAR OFFERED EVERYDAY! MORE FRUITS & VEGGIES!

Food Service website: https://www.getsd.org/district/food-service/

All Meals Served With Ice-Cold Milk. Whole Grain Bread Items Served. Menu Substitutions may occur